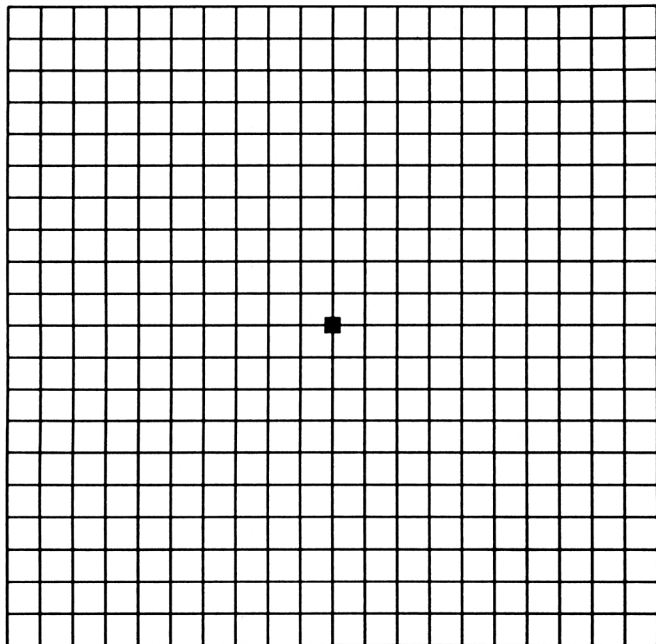


Dr. Gary Sewell, MD

710 Pembina Hwy



Amsler Grid

Directions for use on back

Dr. Gary Sewell, MD

710 Pembina Hwy
(204) 953-5560

1. Do the test in an area of good lighting. It should only take a couple of seconds.
2. Wear your usual reading glasses. If using your bifocals look through the bottom part. Near-sighted people who normally read well without glasses can do the test without glasses.
3. Cover one eye at a time with your hand.
4. Hold the grid about 16 inches away.
5. With your eye covered look at the centre dot on the grid. While focused on the centre dot check to see that all the surrounding lines are straight and all the squares are the same size.
6. Repeat with the other eye.
7. If any area on the grid appears blurred, distorted, discoloured or in any way abnormal or different from your last test, contact the office right away.